



It doesn't happen overnight. Give them a chance.

The 3/3/3 rule is a general guideline for the adjustment period of a dog after adoption.
Every dog is unique and will adjust differently

3 DAYS

To decompress



In the first 3 days

- Feeling overwhelmed
- May feel scared or unsure of what's going on
- Not yet comfortable enough to be themselves
- May not want to eat or drink
- Testing the boundaries

3 WEEKS

To learn your routine



After 3 weeks

- Starts settling in and feeling more comfortable
- Realizes this could be their forever home
- Figures out their environment
- Gets into a routine
- Lets their guard down, may begin to start showing their true personality
- Behavioral issues may start showing up

3 MONTHS

To start to feel at home



After 3 months

- Finally feels completely comfortable in their home
- Begins to build trust and a true bond
- Gained a complete sense of security with their new family
- Set in a routine

Thank you for adopting from Abandoned Pet Rescue