



# It doesn't happen overnight. Give them a chance.

The 3/3/3 rule is a general guideline for the adjustment period of a cat after adoption.  
Every cat is unique and will adjust differently.

## 3 DAYS

To decompress



### In the first 3 days

Feeling overwhelmed or scared

May seem shut down or hide under furniture

Not yet comfortable enough to be themselves

May not want to eat or drink

## 3 WEEKS

To learn your routine



### After 3 weeks

Starts settling in and feeling more comfortable

Eating, drinking and using litter box normally

Figures out their environment

May still be skittish or hide

Lets their guard down, may begin to start showing their true personality

## 3 MONTHS

To start to feel at home



### After 3 months

Finally feels completely comfortable in their home

Begins to build trust and a true bond

Gained a complete sense of security with their new family

Set in a routine

Thank you for adopting from Abandoned Pet Rescue